VANGUARD

VIRGINIA AIR NATIONAL GUARD

Volume

XIX

No. 10

Byrd IAP, Sandston, Virginia 23150

OCTOBER 1975

CONGRESSMAN FLIES WITH VAANG

PRIVACY ACT

Public Law 93-579, 31 Dec 74

The purposes of this Act are to provide certain safeguards for your personal privacy from the misuse of Federal records, to provide that you be granted access to records concerning you which are maintained by Federal agencies. Some provisions of the Act were effective upon enactment. However, those provisions of primary impact upon the Air Force and Air National Guard became effective on 27 September 1975.

Under the Act, subject to limited special exemptions that are contained therein, the Air Force (ANG) is directed to maintain in its records only such information as is relevant and necessary to accomplish a purpose which is required to be accomplished by statute or executive order of the President. The Privacy Act is based on these four principles:

1. There should be no secret system of records on individuals.

2. There should be no unforeseen uses or disclosures of information contained in records about individuals.

3. Individuals should have access to records about themselves and be permitted to review their records, to make copies, and to file material to correct or dispute records they feel are inaccurate.

4. Records should contain no unnecessary or, insofar as possible, inaccurate information about individuals.

All systems of records must be listed in the Federal Register (this is considered Public Notice). The public notice must contain the name of the system, location, types of people on which the records are maintained, types of information, statutory authority under which the records are maintained, routine uses of the records and information and the policies and procedures for managing the records.

To eliminate unforeseen uses of information, the Act requires that the public notice include all CON'T on Page 2

ECI ANSWERING SERVICE

ECI now has an around-the-clock answering service that is available to all OJT Trainers, Base Education Offices, and students regardless of where they are located. The telephone service includes an electronic answering service to record calls after ECI duty hours. For all individuals desiring to use this service, the numbers are Autovon 921-4592 or Commercial 205-279-4592.

EXTENSION/REENLISTMENT IN THE AIR NATIONAL GUARD

Over the past three years the number of personnel who have personnel who have extended/reenlisted for a one year period has increased to the point is anticipated that whereby it 33,000 guardsmen will ETS during FY 76. Should a mobilization occur during this period, approximately half of those individuals on one year extension/enlistment would not be available for recall due to the provisions of DOD directive 1235-10. Therefore, effective 1 Nov 75 NGB discontinues the authority for one year extensions/reenlistments. A three year period is the minimum authorized for extensions/reenlistments.

RECRUITER NEEDED

The 192d TFG has a need for a full time recruiter for a one year tour at Byrd Field with an effective date of 1 July 1976. Applicant must be a graduate of 3AZR99120 Recruiters Course. Interested? Contact Capt George A. Ligon in CBPO.

NEXT UTA

OCTOBER 18—19 1975



CONGRESSMAN FLIES WITH VIRGINIA AIR NATIONAL GUARD

Fourth District Congressman Robert W. "Bob" Daniel participated in a training exercise with the Virginia Air National Guard Saturday, 4 October 1975. As a guest of the 149th Tactical Fighter Squadron based at Byrd Field, Richmond, Daniel accompanied Squadron Commander LtCol W. Park Lemmond in a F-105 Thunderchief jet fighter on an air to ground weapons delivery mission at Dare County Range.

Daniel, a member of the House Armed Services Committee, noted that the all volunteer armed forces have greatly increased the importance of the National Guard and the armed forces reserves.

"Under the total force concept the United States has adopted, Reserve units are the primary source of augmentation for our active forces in a national emergency," the Congressman noted.

"Our reserve forces must be manned, trained, and equipped to a degree of combat readiness virtually that of the active forces," he added, "in our modern military history this was the exception rather than the rule."

Daniel said he hoped to gain a greater appreciation for the responsibilities, operations, and problems of the Air National Guard.

Daniel found the flight "exciting and meaningful" - he particularly liked the idea of flying on a regularly scheduled flight rather than a special flight just for him.

SECURITY POLICE CORNER

AF FORM 301 - "SECURITY CONTAINER CHECK RECORD" (TACRP 205-1)

- 1. Reference: AFR 205-1, paragraph 5-202.
- 2. Purpose. The primary purpose of this form is to maintain a chronological log of the locking and unlocking of each security storage container. This form also serves as a crosscheck for the individual who conducts the daily room and area inspection.
- 3. Positioning on Container. Recommend, where practical, that the form be placed on the front right corner of each classified security storage container cabinet top, including map containers. The form is placed at eye level on each vault door or the wall adjacent to the vault door.
 - 4. Preparation:

a. The current month, office symbol, room number, and safe number will be recorded.

b. Record the initial opening and the final closing each day. The individual who conducts the room and area inspection will annotate the "checked by" column.

c. The "checked by" column will be completed by an individual other than one who initials the "locked by" column (except on nonduty days when the locker initials as checker as well) when reasonably available.

d. Every security storage container used for storage of classified material which has a built-in combination or a combination padlock will have an AF Form 301 affixed (except those which are never closed).

e. The "checked by" column will be annotated each duty day even though the container is not

opened.

- f. The AF Form 301 will be completed in the "checked by" column immediately before completing the AF Form 302 at the end of the duty day. It is not necessary to annotate the AF Form 301 on nonduty days, nor is it necessary to show a date on the form during nonduty days when the container is not opened.
- g. If the container is opened after duty hours or on weekends (non-duty hours) the opening-closing will be recorded as well as the "checked by" column.
- h. The locking and unlocking with the appropriate entries on the AF Form 301, can be accomplished by any properly cleared individual authorized access to the contents of the container.

i. Obviously this form cannot be pre-dated because it is impossible to know how frequently a container will be opened.

5. Disposition. Destroy after superseding records are prepared or when no longer required.

SUSPENSION OF BILLETING PRIVILEGES

Effective immediately, ALL affected personnel who utilize their billeting privileges at Ramada Inn, but fail to comply with the following procedures will be suspended.

1. Check out at the Front Desk in the Lobby NLT 1300 hours on the day you are leaving. (If you check out later than 1300 hours, Ramada Inn will bill YOU personally for another day.)

2. Present your ROOM KEY at the Front Desk upon check-out. DO NOT, repeat --- DO NOT leave the KEY in the ROOM.

3. Pay all extra charges over and above the room charge, i.e., telephone calls, restaurant bills, bar bills upon check-out.

4. SIGN your payroll signature on your registration folio. INSURE your folio is time-stamped by the Front Desk Clerk to show you have checked out prior to 1300 hours.

5. Each individual is responsible for his/her own folio being signed, so don't expect a friend to drop off your key and check out for you. Each and every individual must sign his/her own registration folio upon CHECK OUT.

The above procedures will be strictly enforced and closely monitored. ANY individuals found not complying with the above WILL BE SUSPENDED.

PRIVACY ACT con't from page 1

routine uses of information on an individual. After the public notice, no other uses or disclosures of personal information may be made without written consent of the individual concerned.

Part of the requirement for individual approval of all disclosures is met in the public notice of routine uses. It is to be assumed that the public notice will satisfy the need to advise each individual on whom information is maintained in a given system of records. To insure full compliance, however, we are required to attach an explanation comparable to the public notice, to any and all forms, which have been identified under the Privacy Act, completed by an individual.

As you have probably imagined, we have a considerable and difficult job ahead - especially in the immediate future. Your support and cooperation is needed and appreciated.

SAFETY

by Cpt Paul A. Johnson

The deer doth roam The birds flyeth The hunter shoots Perhaps right byeth

Bad poetry will not physically harm anyone, indeed, it can be so bad as to be ludicrous. However, there is nothing amusing about bad hunting practices, which are deadly serious matters.

With the advent of hunting season each of us can use a reminder or two regarding hunting safety. A rereading (you can omit the poetry) of this article the night before the big hunt may serve as a sufficient memory jog so that you can return and truly enjoy the results of your arduous efforts.

First and foremost, treat each weapon as if it were loaded and never point it at anything you do. not intend to shoot. It seems strange, but it's always the "empty" weapon that kills or wounds someone. Whenever you plan to leave your weapon unattended always unload it, including the cartridge that is in the chamber, and leave the breech open. Remove the ammunition and store it in a place separate from your weapon. This is particularly true when storing your weapon at home. Keep your weapon in a locked cabinet or utilize a commerically available trigger lock.

Do not hunt alone, and when with a group remember where your fellow hunters will be by planning your hunt in advance. If you find an obstacle such as a fence in your path, place your weapon on the other side or pass it to your fellow hunter and then climb over. At all times, unless aiming at your target, keep the safety in the "on" position. You can easily release your safety as you raise your weapon to fire. To be highly visible to your fellow hunters, wear very conspicuous clothing. Since almost all animals are colorblind, this will not affect your ability to stalk your prey.

Know your target. A rustling bush may have a deer behind it, but it could just as easily be a cow or worst of all a fellow hunter. Be sure you have a clear view of your target before you pull the trigger. In addition, remember that a ricocheting bullet can also kill or wound. Therefore, know also what is behind your target.

As a final word, you may have heard it before, however it bears repeating - alcohol and gunpowder do not mix. Enjoy your hunt and remember to take safety with you.

PAGE 3

OC'TOBER 1975 PERSONNEL CHANGES

The following personnel were enlisted or appointed into the Virginia Air National Guard during the month of September. Those identified with (1) are prior service, those with (2) are non-prior service and those with (3) are palace chase. WELCOME Y'ALL! GLAD TO HAVE YOU.

192D TACTICAL FIGHTER GROUP	
CPT SAWYER, WILBERT L. JR.	(1)
102D MODILITAN GUNDODE DI TOUR	
AB JOHNSON, LINDA P.	(2)
AD BOILISON, LINDA F.	(4)
192D CAMRON	
TSG MADISON, JOSEPH R. JR.	(1)
SSG CAMPBELL, ROY L. SSG DODZIAN, EDWARD F. SGT LONG, FRANKLIN D.	(1)
SSG DODZIAN, EDWARD F.	(1)
SGT LONG, FRANKLIN D.	(1)
SGT LINDSAY, WARREN N.	(1)
SGT REYNOLDS, JULIAN P. JR.	
SGT SMITH, RONALD N. SGT TREMBLAY, ROBERT E.	(1)
SGT TREMBLAY, ROBERT E.	(1)
A1C DARRINGTON, ROBERT	(1)
AB COLLIE, JOSEPH S.	(2)
192D COMBAT SUPPORT SQUADRON	
SGT BILLUPS, WILLIAM E. JR.	(1)
SGT FLEMING, ROBERT E.	(1)
SGT KNIGHT, JAMES E.	(1)
SGT POTTER, WAYNE L.	(1)
A1C SUMMERSET, REGINALD J.	(1)
AB BRADLEY, MARGARET A. AB TAYLOR, SHIRLEY S.	(2)
AB TAYLOR, SHIRLEY S.	(2)
192D TAC CLINIC	
SSG WHITEHURST, RONALD W.	(1)
A1C EVERETT, HAROLD E.	(1)
192D CIVIL ENGINEERING FLIGHT	

Alc WHELAN,	RAYMOND E	. II	(1)
192D WEAPONS			
			(-)

192D COMMUNICATIONS	FLIGHT	(SPT)	
SGT ADAMS, JAMES S.			(3)
SGT GOODEN, EUGENE		3	(3)

The following transfers place during the month of September and the Unit from which transferred is shown opposite each name.

HQ,	VaANG			
CPT	NOBLITT,	AUTRY	N.	192CSS

1497	TH TAC	TICAL	FIGH	TER	SQU	ADRON
SSG	LEE,	NUMA 1	₹.			192DIS
SGT	DAGLE	Y, RO	BERT	F.	III	192DIS

192D MOBILITY SUPPORT FLIGHT	
SGT FELTS, ROBERT F.	192CSS
SGT GEORGE, DAVID M.	192CSS
SGT PRICE, ROBERT W. JR.	192CSS

192D CAMRON			
SGT CASAVANT,	DONALD	Α.	192CSS

VANGUARD

192D COMBAT S	SUPPORT	SQUADRON	
CPT SAWYER, N TSG PEARSON, AMN MCEWEN, C	VILBERT DANIEL	L. JR	192TFG 192MSF 192CEF

192D CIVIL ENGINEERING FLIGHT SSG SMITH, ERNEST W. JR. 192CAM

Our congratulations go to the following named personnel who were promoted to the grades indicated during the month of September.

192D TACTICAL FIGHTER GROUP TSG HEINEFIELD, RALPH P. SGT MONTGOMERY, THOMAS S.

192D CAMRON TSG MCLEHANEY, THOMAS R. SSG BLUNT, DAVID N. JR.

192D COMBAT SUPPORT SQUADRON SSG MORRIS, ROBERT W. SSG LEWIS, WILBUR T. JR. SGT ADICKES, RUDOLPH H. JR. SGT BAGBY, MICHAEL M. SGT TIBBS, FORREST L. JR.

192D TAC CLINIC A1C GOSS, TERESA S.

192D CIVIL ENGINEERING FLIGHT SSG DALTON, RAYMOND S. SGT DALE, LARRY W.

192D COMMUNICATIONS FLIGHT (SPT) SSG BARBOUR, THELMA W.

The following personnel were demoted to the grades indicated during the month of September.

192D CAMRON AMN JARVIS, MICHAEL E. AB CAMPBELL, RAYMOND L. JR.

192D COMMUNICATIONS FLIGHT (SPT) AB GILPIN, CHARLES D.

The following personnel were discharged from the Virginia Air National Guard during the month of September.

192D MOBILITY SUPPORT FLIGHT SGT BRUFFEY, NORMAN R.

192D CAMRON TSG BALES, EUGENE A.

192D COMBAT SUPPORT SQUADRON SGT KIMMELSHUE, DAVID M. SGT WINDSOR, GREGORY A. AMN WILLIAMS, ELEANOR S. AB SHULTZ, STEPHEN G.

192D TAC CLINIC A1C GOSS, TERESA S.

200TH WEATHER SQUADRON CPT HOUGHTON, CHARLES E. III

192D CIVIL ENGINEERING FLIGHT SSG HARRIS, PAUL N.

192D COMMUNICATIONS FLIGHT (SPT) CPT FRETWELL, KENNETH H. JR.

CHAPLAIN'S **CORNER**

First Be Reconciled A Thought About Salt

Jesus said it. And He certainly said a mouthful when he said it: "You are the salt of the earth." Ever ponder everything that could mean to you? There are an estimated 14,000 uses of salt. One important use for salt is a healing "Soak it in salt water", agent. doctors often say. It is common knowledge that in the salty Gulf of Mexico cuts and bruises are aided in their healing.

One thing to heal today is relationships -- to remove barriers between persons. Sometimes salt stings as it works to heal. So with people working to heal re-lationships. Sometimes it is very painful to do all that is necessary to remove barriers between persons. But this is what reconciliation is all about. Brazilians say that "good friends eat a lot of salt together" meaning that they eat together often their good, spicy food; they are together, and there is a relationship. "You are the salt." Are we putting it to work to heal relationships today? This relationship will indeed make our nation, "one nation, under God, INDIVISIBLE . . . "

NOTES: Beginning on October UTA, the General Protestant Services will be held on Saturdays, at 1315 hours, just after Roll Call. Efforts are being made to secure a Roman Catholic priest to say mass at the Base Chapel on UTA weekends. Those interested in this activity should contact the Chaplain. CHAPEL ACTIVITIES

General Protestant Services Saturday, 1315 hours

'Church of the Latter Day Saints Sunday, 1500 hours

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd Field, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of The Adjutant General of Virginia or the Virginia Air National Guard.

COMMANDER: Col Claude F. Heath

MANAGING EDITOR: Lt Col Wallace R. Lundie INFORMATION OFFICER:

Capt Francis J. McNally PHOTOGRAPHER:

TSgt Robert A. Flournoy

The Hand Salute



By I. H. HOREN

Have you ever wondered why you salute all those stars and bars?

Many romantic origins have been invented for the military hand salute. Dating back to the earliest times, the right (weapon) hand was raised as a greeting of friendship. Some suspect that the gesture meant that one wasn't going to use a rock or other more civilized weapon. It was required by courtesy that the inferior make the gesture first.

Hence, we see our first connection between this old gesture and our present salute.

Other myths include that it symbolizes the knight's gesture of raising his visor to reveal his identity as a courtesy to an approaching superior, or that it symbolizes a knight shielding his eyes from the radiant beauty of some titled lady sitting in the bleachers of the tournament.

At one time the salute was rendered with both hands. Some old prints even portray left-handed salutes

As a member of a military service, you are not only required to salute superiors in your service, but officers in any of the Armed Forces of the U.S. or friendly foreign governments. In addition, there are certain appointed or elected civilian members of our government who are honored in the same way.

Founded on custom and tradition, the hand salute is a mutual responsibility in which the junior initiates the act of courtesy. If you can't remember who, when, where, why, how or what to salute, an old adage has the answer, "when in doubt salute!"

Safety

Hitch Can Put a Hitch In Your Travel Trailering

Next to the travel trailer itself, probably the most critical piece of equipment for towing is the hitch.

A hitch that is inadequate for the towing job can turn a trailer into a swaying menace that twists the car around whenever a truck or bus is met on the highway. And, if the trip is long, the trailer can eventually weaken or even break the towing car's rear springs, a possible cause for an accident and the sure cause of an expensive repair bill.

• There are three kinds of hitches for

 The bumper-mounted hitch, the least expensive and most common variety, is adequate only for the smallest trailers. It attaches to the car's bumper with chains and clamps (or it may be bolted). It is designed for temporary use only.

• The frame-mounted hitch is welded permanently to the car's frame and makes the car and trailer one solid unit as far as back and forth motions are concerned. The bumper- and frame-mounted hitches are inadequate for the larger trailers (16-feet and over) however, because of another problem. The trailer tongue pushes down on the car's rear springs with considerable force. This force is commonly called "tongue weight" and varies between 200 and 1,000 pounds, depending on trailer size and configuration.

• the equalizing hitch offers a number of advantages. While these hitches come in a variety of makes and models, all employ torsion bars attached to the hitch and the trailer tongue to tilt the car so that the tongue weight is distributed equally to all wheels. Consequently, the entire car settles evenly, the front-end alignment is not disturbed, headlight aim and steering are

FIG. 1

Bumper- or frame-mounted hitch forces the car's rear end downward, creating many problems.



FIG. 2

Overload springs or load-leveler shocks hold car's rear end up, but now the front rises more.

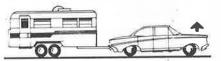
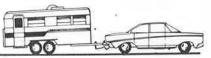


FIG. 3

Equalizing hitch with torsion bars tilts the car's front end back down, distributing tongue weight evenly to all axles.



not affected, and the swaying tendency decreases because the front wheels have even more traction. With a 300-pound tongue weight, the entire car would settle less than an inch and the front-wheel loading will be increased by 100 pounds. In addition, many equalizing hitches are designed so that the torsion bar creates some friction in their sockets. This friction dampens out sway.

Courtesy of the Fort Lee, Va, Information Office.

5.0.5.*

* Also known as Creamed Beef, But most Servicemembers have named it after a biological function and certain building supplies.



STEADY DROPS—A constant drip can waste 2,-000 gallons of water every three months.

	for 2	for 4	for 6
Beef, ground Salt Pepper, black	1/2 lb 3/4 tsp 1/4 tsp	1 lb 1 1/2 tsp 1/2 tsp	1 1/2 lbs 2 1/4 tsp 3/4 tsp
Brown beef in its save for making rou			

Fat, beef 2 Tbsp 4 Tbsp 6 Tbsp Flour, sifted 4 Tbsp 1/2 cup 3/4 cup

Place 2 Tbsp of fat saved from step 1 above in the top of double boiler or heavy pan. Add flour slowly, stirring constantly until thoroughly blended. Cook for 5 minutes (do not brown).

Milk, evaporated 1 cup 2 cups 3 cups Water, (for milk) 1 cup 2 cups 3 cups

Combine water and milk. Scald in top of double boiler or heavy pot. Add roux to scalded milk, stirring constantly until thoroughly blended. Add meat mixture and cook approximately 10 minutes or until the desired thickness is obtained. Serve on toast.

	for 2	for 4	for 6
Optional Onions, diced Margerine or butter	small 2 tbsp	med 4 tbsp	large 6 tbsp

Saute onion in margarine or butter and add to the finished product before serving.

*Roux is a mixture of fat and flour used make gravy.

Preparation Notes:

- 1. As in all creamed dishes, the controlling factor is the cream sauce. You must prepare a smooth, well-blended sauce in order to have a good finished product.
- If double boiler is not available for preparation of roux, use heavy pan and low heat to prevent scorching or burning of the flour and beef fat.
- 3. Double boiler for scalding milk may be improvised by using two pots of different sizes.